

## Best monsoon treks in India

by Ami Bhat (Lonely Planet Author) Aug 2017



Trek through gorgeous meadows to reach Chandra Taal  
Image courtesy: Flickr/solarisgirl/CC BY-SA 2.0

The best way to enjoy monsoons in India is to embrace them completely – by walking through the stunning greens dotted with gorgeous flowers or the gushing cascades that swell to its peak or possibly the melting snow that gives way to myriad streams. Going for a trek when it's raining is the best way to appreciate and enjoy this season. Here are 10 of our picks for these treks.

### Hampta Pass – Chandra Taal Hike

Cross the stunning snowclad mountains in Himachal Pradesh as you trek through picture perfect green meadows with sheep skipping through it. Start from Jobra towards the blue waters of the Chandra Taal Lake to discover the pristine fresh water streams, which you will have to skip across. A moderate to difficult hike for most, the Hampta Pass hike is an absolute delight in the monsoon season.

### Harishchandraghat Trek

If you thought that the monsoon treks in the Western Ghats are a piece of cake, then the stretch called 'Cobra's hood' of the Harishchandraghat trek will make you think again. What starts off easy becomes a challenge as you attempt to scale a rocky bed. The reward for this is a stunning panorama of the valley and the Konkani Khada here. Remember to explore the Stone Age caves – especially the Kedareshwara caves with its three broken pillars. Legend has it that when the fourth intact pillar breaks, this period on earth will come to an end.

**Also read: Treks and village stays in Kumaon, Uttarakhand**

**Also read: Best trekking options around Manali**

### Valley of Flowers Trek

Valley of flowers , india

The gorgeous Valley of Flowers.  
Image courtesy: Ratnam via Thinkstock

This is a popular monsoon trek in Uttarakhand and naturally so, given the floral extravaganza that you encounter here. From white to yellows to pinks and purples, the entire trail from Govindghat right to Hemakund Sahib Gurudwara is bedecked by these lovely flowers. Adding to the thrill of this moderate to easy trek, are the cooling waterfalls that you encounter along the way. The highlight of this gorgeous hike is spotting the rare Himalayan Blue Poppy that blooms to celebrate monsoons.

### Chembra Peak trek

Wayanad offers stunning views for trekkers  
Image courtesy: Kerala Tourism Board

This trek is a dreamy trail through mist and cloud covered cliffs of Wayanad, all to end up at the heart –shaped Chembra Lake. Behold the green tea estates of Kerala as you ascend into the forests and go past a watch tower to the magical Chembra lake. This trail does absolute justice to the monsoon magic in South India.

### Kashmir Great Lakes trek

Go past gorgeous lakes in Kashmir  
Image courtesy: Wikipedia/Mehrajmir13/CC BY-SA 3.0

This stunning hike is like walking through paradise on earth. A moderately difficult trek, you traverse through three passes, along the blooming meadows where you can sight wild horses and sparkling cascades. The week long trek takes you across seven gorgeous lakes, each better than the other. It starts at Sonamarg and you pass Nichnai, Vishnugar Kishansar and many other places.

### Torna Fort Trek

The gorgeous Sahyadris range  
Image courtesy: Flickr/Shrikant/CC BY-ND 2.0

Combine heritage with this short hike up the Sahyadris to the Torna Fort. Starting at Velhe village near Pune, this trek takes you across a stream to lush green plateaus, dotted by gushing cascades. Don't miss the abandoned temples and desolate buildings that take you back in time. Get ready for a treat as you spot two valleys separated by a ridge on which you will be walking. A cloud covered hike along this green trail definitely gives you a wet yet magical flavor of monsoon.

### Mullayangiri Trek

Mullayangiri becomes misty and green when it rains.  
Image courtesy: Flickr/Vijay S/CC BY 2.0

Discover the highest peak in Karnataka with this trail in Chikmagalur. With the birds keeping you company, you can snake your way along the zig zag, flower laden trail. Remember to keep an eye out for various Nandi idols along the way. While doing so, we are pretty sure you will spot the hidden caves amidst these green cliffs.

### Rumtse- Tso Moriri Hike

Tso Moriri is one of highest lakes in India  
Image courtesy: Wikipedia/Raghavan37/CC BY-SA 3.0

The magic of Ladakh is best experienced through this monsoon trail that takes you from Rumtse in Lahul to one of the highest lakes in India – Tso Moriri. A slightly difficult hike, but worth every minute for the sights along the way are just magical. Discover the salt water lake of Tso Kar enclosed by the stunning mountains. Keep an eye out for the stunning birdlife in the Changthang Plateau that you cross, all the way till you reach this gorgeous blue coloured wonder – Tso Moriri.

### Kodachadri Trek

Trek through the grasslands and forests of Karnataka.  
Image courtesy: Wikipedia/Chetan Annaji Gowda/CC BY-SA 4.0

This fairy easy trek takes you to the small town of Shimoga in Karnataka through the grasslands and forests. Discover the beautiful Hidlumane falls in this National Heritage Site before a view point that gives you a stunning panoramic view of the whole valley below. If you are a wildlife enthusiast, then, the fauna that you find along the way would be a bonus for you.

### Koodlu Theertha Falls Hike

This trek allows you to experience and enjoy the dense forests of South India, which are at their best in the monsoons. A trail takes you along these green wonderland filled with twittering birds, through the gushing streams of River Sita all to emerge suddenly to the sight of a fantastic waterfall – the Koodlu Theertha.

**AUTHOR'S BIO:** Ami Bhat is senior marketing professional, currently on a break to pursue full-time travel blogging. A travel enthusiast, who loves sports, photography and dancing with equal passion, Ami believes in planning a short escape for every long weekend that can come up through the year. And when she cannot travel physically, she travels virtually through words on her travel. More on: [www.thrillingtravel.in](http://www.thrillingtravel.in)



Previous

Next

## Related tips and articles



### 10 iconic Instagram spots in New York City

As one of the world's most famous metropolises, New York City has long beguiled filmmakers, authors and



### Festival of the month: Durga Puja

When it's time for Durga Puja (25 – 30 September 2017) the atmosphere around many cities is infused with excitement and



### Coonoor's top experiences

Visit Coonoor for a pleasant change from the run-of-the-mill hill station holiday. Enjoy the peaceful bellflower-lined streets



### Best places to visit in Bundi

Located about 200 km from Jaipur and 30 km from Kota, this hamlet almost has a dreamy touch to it. Lying in a beautiful narrow valley,

## One Comment



**Shubham Masingka**  
August 21, 2017, 9:16:08 pm

Thats a wonderful collection of treks from around India. I would like to also recommend a short alternative to the Kashmir Great Lakes Trek : Tarsar Marsar trek in Kashmir.  
<https://travelshoebum.com/2015/09/02/trekking-in-kashmir-the-twin-lakes-of-tarsar-marsar/>

Reply

## Join the conversation

Your email address will not be published. Required fields are marked \*

Name \*

Email \*

Website













Book & Ebook

### Paris on arrival

This handy guide will help each time you visit the City of Light. It covers airport, taxis, and don't's, and transport details from the airport and within...



Book & Ebook

### Hong Kong travel guide

With a colourful history behind its towering skyline, Hong Kong has much to offer a traveller seeking a gateway to Asia's multitude of cultural experiences

Tweets by @lonelyplanet\_in

## Newsletter

Name

Email \*

Subscribe